

S U M M E R G Y M N A S T I C S 2 0 1 7

My Grown Up & Me (Ages 18 mo. – 3 years)	<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>	<u>SAT</u> 8:30 – 9:15am
PreK & KinderGym (Ages 3-6)	4:15–5:00pm	11:45am–12:30	10:00–10:45am			9:15-10:00am
Adapted Gymnastics <small>For Children With Special Needs</small>	Please contact us for information about upcoming Summer Camps!					11:30am–12:15pm
GYMNASTICS Beginner (LI) Intermediate (LII) Intermediate (LIII) <small>*2x per week recommended for Intermediate level III /IV</small>	5:00-6:00pm	10:45-11:45am 9:30–10:45am	9:00-10:00am 6:30-7:30pm 10:45-Noon 5:15-6:30 3:45 – 5:15pm		5:30-6:45pm 5:30-7:00pm	9:15 – 10:15am 10:15 – 11:30am
Tumbling Classes Beginner Intermediate Advanced	6:15 -7:00pm		7:30 – 8:15pm		4:45 – 5:30pm 7:00 – 7:45pm	10:15 – 11:00am
Boys: Tumbling, Strength & Agility (Ages 5-9) <small>*Ages 9 & up inquire for class availability</small>		10:45-11:45am	9:00-10:00am 6:30-7:30pm			
Adult Gymnastics				8:00-9:00pm		1:00 – 2:00pm

ASK US ABOUT Competitive Gymnastics (USAG JO, XCEL & WPIAL Team Programs Available)

KIDS OPEN GYM: Mondays 7:00- 9:00pm \$10 (ages 7-17) ★ **ADULT OPEN GYM: Wednesdays 8:15 – 9:30pm \$15** (18&up)
 KIDS OPEN GYM held every Monday: June 19th to August 14th ADULT OPEN GYM held every Wednesday: June 21st – July 26th

Private & Semi-Private Lessons Available! CAMP WEEKS AVAILABLE – ASK US!

All-Star Athletics & Gymnastics

★ **Ongoing Registration** ★ **Free Trial Lessons Available** ★

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SUMMER GYM: Tuesday, June 13th – Tuesday, August 15th ★ **GYM CLOSED/OFF DAYS: July 4th**

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**FALL CLASSES
BEGIN AUGUST 26, 2017**

