

ALL-STAR ATHLETICS & GYMNASTICS

| My Grown Up & Me (Ages 18 mo. – 3 years) | <u>MON</u> | <u>TUES</u> | <u>WED</u> | <u>THURS</u> | <u>FRI</u> | <u>SAT</u> |
|---|--|---|---|---------------|-----------------------------|--|
| | | 11:00 – 11:45am Call For Availability! | | | | 8:30 – 9:15am |
| PreK & KinderGym (Ages 3-6) | 4:15–5:00pm | 12:00-12:45pm | | 5:15 – 6:00pm | | 9:15 –10:00am 10:15– 11:00am |
| Adapted Gymnastics For Children With Special Needs | WE OFFER CAMPS & CLINICS! CALL FOR INFO! | | | | | 8 & under: 2:15-3:00 pm 9 & Over: 3:15 – 4:00pm |
| RECREATIONAL CLASSES GYMNASTICS | | | | | | |
| Beginner (L1) <small>*advanced, invite only @ 12:15 SATURDAY</small> | 5:00-6:00pm | 1:00-2:00pm | 5:30-6:30pm 6:30-7:30pm | 4:15 – 5:15pm | 4:30 – 5:30* 5:15-6:15pm | 9:15-10:15am 12:15 -1:15pm* 1:15 – 2:15pm |
| Intermediate (L2) | | | 5:15-6:30pm | 5:45-7:00pm | 6:15-7:30pm | 10:15-11:30am |
| Intermediate (L3/4) <small>*2x per week recommended for Intermediate L3/L4</small> | | | 4:00-5:30pm | 7:00-8:30pm | | 11:30-1:00pm |
| TUMBLING | | | | | | |
| Beginner | | | 7:30 – 8:15pm | | 4:30 – 5:15pm | |
| Intermediate | | | 7:30 – 8:15pm | | | 11:30am–12:15 |
| Advanced | | | 8:15 – 9:00pm Call for Availability! | | | |
| ADULT GYMNASTICS (AGES 18 & UP) | CALL FOR UPCOMING SESSION DATES & TIMES! | | | | | |
| Boys FLIP! Tumbling, Strength & Agility (Ages 5-9) <small>*Boys ages 10 & up call for alternate info!</small> | | | 6:30–7:30pm | | | |
| Home School Gymnastics (Grades 2- 8) | | 10:00–11:00am Waiting List – Call for Availability! | | | | |
| WEEKLY OPEN GYM * PRIVATE LESSONS * KIDS NIGHT OUT! * BIRTHDAY PARTIES * CAMPS * CLINICS | | | | | | |
| USAG * COMPETITIVE GYMNASTICS TEAMS* WPIAL | | | | | | |

SEMESTER ONE: 8/26/17 - 11/21/17 * Scheduled Off Days = 9/2/17 thru 9/4/17, 10/31/17 and 11/22/17 thru 11/26/17

SEMESTER TWO: 11/27/17 - 3/10/18 * Scheduled Off Days = 12/15/17 thru 1/4/18

SEMESTER THREE: 3/12/18 - 6/11/18 * Scheduled Off Days = 3/28/18 thru 4/3/18 and 5/28/18

*NOTE: ALL SEMESTER OFF DAYS ARE SCHEDULED HOLIDAYS AND DO NOT AFFECT 12-WEEK SEMESTER

Ongoing Registration ★ Free Trial Lessons Available

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www.allstarathleticsandgym.com



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