

# S U M M E R G Y M N A S T I C S 2 0 1 8

My Grown Up & Me (Ages 18 mo. – 3 years)	<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>	<u>SAT</u>
						8:30 – 9:15am
<b>PreK &amp; KinderGym</b> (Ages 3-6)	4:15–5:00pm	11:45am–12:30	10:00–10:45am	5:00 – 5:45pm		9:15-10:00am
<b>Adapted Gymnastics</b> <small>For Children With Special Needs</small>	Please contact us for information about upcoming <b>Summer Camps!</b>					11:30am-12:15 <small>7/7/18 thru 8/11/18</small>
<b>GYMNASTICS</b>  Beginner (LI)  Intermediate (LII)  Intermediate (LIII)  <small>*2x per week recommended for Intermediate level III /IV</small>	5:00-6:00pm	10:45-11:45am  9:30–10:45am	9:00-10:00am 6:30-7:30pm  10:45-Noon 5:15-6:30  3:45 – 5:15pm	5:45–7:00pm  7:00-8:30pm		9:15–10:15am  10:15–11:30am
<b>Tumbling Classes</b>  Beginner  Intermediate  Advanced	6:15 -7:00pm		7:30 – 8:15pm  7:30 – 8:15pm  8:15 – 9:00pm			10:15–11:00am
<b>Boys: Tumbling, Strength &amp; Agility</b> (Ages 5-9)  <small>*Ages 9 &amp; up inquire for class availability</small>		10:45-11:45am	9:00-10:00am  6:30-7:30pm			
<b>OPEN GYM</b>	7:00 – 9:00pm <small>TEAM KIDS ONLY!</small>				7:30– 9:30pm <small>(ages 7-17)</small>	

**ASK US ABOUT Competitive Gymnastics (USAG JO, XCEL & WPIAL Team Programs Available)**

**KIDS OPEN GYM: Fridays 7:30- 9:30pm \$10 (ages 7-17)**    ★ **TEAM OPEN GYM: Mondays 7:00 – 9:00pm**  
 KIDS OPEN GYM held every Friday: June 15th to August 10<sup>th</sup>    TEAM OPEN GYM held every Monday: June 17<sup>th</sup> to August 6<sup>th</sup>

**Private & Semi-Private Lessons Available! CAMPS & CLINICS AVAILABLE – ASK US!**

## All-Star Athletics & Gymnastics

★ **Ongoing Registration** ★ **Free Trial Lessons Available** ★

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**SUMMER GYM: Tuesday, June 12<sup>th</sup> – Monday, August 13<sup>th</sup>**    ★ **GYM CLOSED/OFF DAYS: July 4<sup>th</sup>**

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