



ONGOING REGISTRATION & FREE TRIAL LESSON AVAILABLE

SUMMER SESSION: JUNE 6 - AUGUST 17, 2019

FALL CLASSES BEGIN: AUGUST 22, 2019

GYM HOLIDAY/NO CLASSES: JULY 4-6

NOW ACCEPTING REGISTRATION!

S U M M E R G Y M N A S T I C S 2 0 1 9

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GYMNASTICS							
PRE K & KINDERGYM	4:15-5:00	11:45-12:30	10:00-10:45	4:45-5:30		9:15-10:00	
BEGINNER GYMNASTICS	5:00-6:00 6:00-7:00 <small>*ADVANCED BEGINNER</small>	10:45-11:45	9:00-10:00 6:30-7:30		4:30-5:30 <small>*ADVANCED BEGINNER</small>	9:15-10:15	
INTERMEDIATE GYMNASTICS		9:30-10:45	10:45-12:00 5:15-6:30	5:30-6:45	4:15-5:30	10:15-11:30	
ADVANCED GYMNASTICS <small>*2X PER WEEK RECOMMENDED</small>			3:45-5:15	7:00-8:30			
TUMBLING							
BEGINNER TUMBLING			7:30-8:15		4:30-5:15		
INTERMEDIATE TUMBLING	6:15-7:00		7:30-8:15			10:15-11:00	
ADVANCED TUMBLING			8:15-9:00				
CHEER TUMBLING	INTERESTED IN COMPETITIVE CHEER? USASF ALL STAR CHEER: NOVICE (1-3), PREP (1.1-3.2) AND ELITE (1-3) ASK US FOR DETAILS!			6:00-7:00 (BEGINNER ELITE) 7:00-8:00 (INTERMEDIATE ELITE)			2:00-2:45 (AGES 3 & 4) 2:45-3:30 (BEGINNER) 3:30-4:30 (BEGINNER ELITE) 4:45-5:45 (INTERMEDIATE) 5:45-6:45 (INTERMEDIATE ELITE)
ADAPTED GYMNASTICS <small>FOR CHILDREN WITH SPECIAL NEEDS</small>	ASK US ABOUT SUMMER CAMPS! CAMP WEEKS AVAILABLE JUNE, JULY & AUGUST					11:30-12:15 <small>6/22/19 - 8/17/19 OFF DAY 7/6/19</small>	
BOYS FLIP		10:45-11:45	9:00-10:00 6:30-7:30				
NINJA KIDS					5:30-6:30		
OPEN GYM <small>SUMMER HOURS BEGING ON 6/6/19 AND END ON 8/17/19</small>	7:00-9:00 <small>TEAM KIDS ONLY!</small>		Noon - 1:30 <small>GROWN UP & CHILD (AGES 2-6)</small>		12:30-2:00 <small>GROWN UP & CHILD (AGES 2-6)</small> 6:30-8:30 <small>(AGES 7-17)</small>		
SUPER SATURDAY						7:00-9:00 <small>EVERY OTHER SATURDAY BEGINS ON: 6/8/19</small>	
INTERESTED IN COMPETITIVE GYMNASTICS? USA GYMNASTICS JUNIOR OLYMPIC (L2-L9), ALL LEVELS OF XCEL & WPIAL VARSITY PROGRAMS AVAILABLE! EVALUATION REQUIRED FOR PLACEMENT!							



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